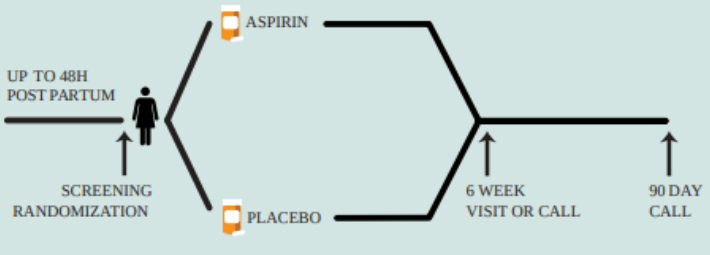
PARTUM

Postpartum Aspirin to Reduce Thromboembolism Undue Morbidity Trial

TRIAL DESIGN



Is your patient a possible candidate?

INCLUSION CRITERIA

ONE (or more) First Order Criterion:

1. Mild inherited thrombophilia prior to enrolment:
    a. Heterozygous factor V Leiden or
    b. Heterozygous prothrombin gene variant or
    c. Protein C deficiency or
    d. Protein S deficiency
2. Bedrest (90% of the time) for ≥ 7 days any time during pregnancy

OR

TWO (or more) Second Order Criteria:

1. Pre-pregnancy BMI ≥ 30 kg/m^2
2. Smoking ≥ 5 cigarettes/day (includes the 3 months before pregnancy)
3. Past superficial vein thrombosis (not DVT or varicose veins)
4. Pre-eclampsia (BP ≥ 140/90 mmHg and proteinuria)
5. Stillbirth in current pregnancy (loss > 20 weeks)
6. SGA infant < 3rd percentile
7. Unplanned cesarean delivery
8. Postpartum infection
9. Postpartum hemorrhage > 1000 mL

The Ottawa Hospital
OMNI Obstetrics & Maternal Newborn Investigations
Affiliated with uOttawa

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EXCLUSION CRITERIA

1. < 18 years of age
2. Need for postpartum LMWH prophylaxis:
   a. Past VTE
   b. Mechanical heart valve(s)
   c. Antiphospholipid syndrome
   d. High-risk inherited thrombophilia
      i. Antithrombin deficiency
      ii. Homozygous factor V Leiden
      iii. Homozygous prothrombin gene mutation
      iv. Compound heterozygosity factor V Leiden and prothrombin gene mutation
      v. Any combination of 2 or more thrombophilias
3. Need for postpartum ASA:
   a. Past myocardial infarction
   b. Past ischemic stroke or transient ischemic attack (TIA)
4. Contraindication to ASA:
   a. Known ASA allergy
   b. Past gastrointestinal ulcer
   c. Platelet count < 50 x 109/L at any time during the current pregnancy or postpartum
   d. Active bleeding at any site, excluding normal vaginal bleeding, at the time of randomization postpartum
   e. Most recent known hemoglobin ≤ 70 g/L during the current pregnancy or postpartum
   f. Severe hypertension (SBP > 200mm/hg and/or DBP > 120mm/hg)
5. More than 48 hours since delivery
6. Received more than 2 doses of LMWH since delivery

Note: Pneumatic compression devices, graduated compression stockings and NSAIDS are allowed

Please spread the word!

If you are interested, please contact the research team:

OMNI Research Coordinators
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